

Body Piercing: The “Hole” Truth

Cynthia Blank-Reid, RN, MSN, CEN
Trauma Clinical Nurse Specialist
Temple University Hospital
Philadelphia, PA
215-707-7150
Fax: 215-707-0609
Cindy.Blank-Reid@tuhs.temple.edu

750 Hunters Court
Mt. Laurel, NJ 08054-2813
856-231-6339
Fax: 856-231-8292
cpreid@worldnet.att.net

Content Description: Body piercing has been done for thousands of years and it has become more and more popular. Since almost any part of your body can be pierced, this presents unique challenges to healthcare providers. This lecture will discuss the different types of piercing jewelry, the different areas of the body that can be pierced and the complications associated with them. Jewelry removal as well as various diagnostic testing and therapeutic maneuvers that are affected by piercing will be discussed.

Learning Outcomes:

At the end of the session the participant will be able to:

1. Identify the most common “hidden places” that are pierced on the body.
2. Describe how reverse pliers are used to remove jewelry.
3. Identify three common complications of body piercing. I

Outline:

I. Introduction

- A. What are we talking about?
- B. Who are we talking about?
- C. The Gang Connection
 - i. A group of people whom whether for cultural, racial, ethnic, financial or other reasons join together.
 - ii. A way to further your identify and or agenda

D. History of Body Piercing

II. Various Types of Jewelry

- A. Captive Bead Rings
- B. Bead Rings
- C. Continuous/Seamless Rings
- D. Circular Barbells
- E. Barbell Studs
- F. Septum Retainers
- G. Labret Studs
- H. Mini-Barbell Studs
- I. Spacers

III. Potential Complications of Body Piercing

- A. Hazards During Piercing
 - a. bleeding
 - b. airway
 - c. syncope
 - d. allergic reactions
- B. Hazards After Piercing
 - a. Communicable Disease
 - b. Deformity
 - c. Nerve Damage
 - d. Infection
 - 1. skin abscesses,
 - 2. necrotizing fasciitis
 - 3. septicemia
 - 4. endocarditis, pericarditis
 - 5. dental issues

IV. Nursing Implications For Patient Care

- A. Precautions and Awareness

- B. C-Spine Immobilization
- C. MAST/PASG
- D. Defibrillation and Synchronized Cardioversion
- E. Urethral Catheterization
- F. Prince's Wand
- G. Apadravya
- H. Prince Albert
- I. Childbirth and Breast Feeding
- J. Female Genital Piercings
- K. Radiology and Medical Imaging

V. Removing Piercing Jewelry

- A. Piercing Removal Equipment
- B. Patient Issues with Removal
- C. Keeping the Hole Open

VI. Future of Body Piercing

- A. Where we are now
- B. The Future
- C. Conclusions/Questions

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